

Coordinator Interview!

By David Zakaim

With Rachel Greenfield

David: How long have you been involved with Rayim Yachad?

RG: 4 years. 2 as a coordinator, and 2 as an advisor.

David: What would you say has been one of your favorite moments in Rayim?

RG: I really like the Friday night davening in shul and being with my friends and singing together.

David: What do you do when you are not on shabbatons?

RG: Hosting people for Shabbos, going out, cooking, and baking

David: Do you like being a coordinator or an advisor better?

RG: I don't like one better; I just like being there on a consistent basis. When you are an advisor you become best friends with a member, and when you are a coordinator you get to know everyone and get to plan your favorite parts of shabbaton.

David: What do you miss most about being a coordinator?

RG: I miss having an instant family on every shabbaton, regardless of the community or shul we go to.

David: Have you made any long-lasting friendships while you have been in Yachad?

RG: Yes.

David: What have you been doing to stay busy in these trying times?

RG: Painting, and diamond dots which is like paint by number but with beads, and EVERYONE needs to try it out.

David: Will you be involved in Yachad again next year?

RG: I hope so, I hope I'm involved one way or another the rest of my life.

David: Is there anything else you would like to share?

RG: I don't think so.

Thank you, Rachel, for your time, and I hope to see you soon!

D'var Torah

By Sophie Zayden

We all walk around carrying a powerful secret weapon – our power of speech. In fact, ancient Jewish sources teach that speaking properly - by not gossiping, slandering, or speaking badly of others (even if it's true) - besides being the right thing to do, is a powerful way to spiritually protect ourselves and others from all sorts of problems and dangers.

This week's parsha teaches how at one time, God would give people a special type of warning when they were speaking improperly, so they could correct themselves. We refer to this as tza'aras and it is something that people would get in Biblical times. This plague would come upon someone if he slandered, or told things he shouldn't. It is appropriate that a plague would be a result of spreading rumors, because rumors themselves spread like - and should be avoided like - the plague. The Torah teaches us that the best thing we can do for ourselves and for others is to keep people's secrets secret, and not say anything bad or embarrassing about anyone. Today, we must rely on paying careful attention to what we say, and trying our best to use the secret weapon of our tongues, to speak only good and bring good things into our lives.

May we all be able to say only positive things about others and bring on Moshiach!



THE LUXURIES OF LEPROSY

Member Interviews!

By Eli Ginsberg

With Simcha Klein

Eli: How long have you been with Yachad for?

Simcha: A long time.

Eli: When did you start?

Simcha: 1985.

Eli: Wow, that's so long ago. What was Yachad like then?

Simcha: There was only one division.

Eli: What is your favorite part of Yachad programming?

Simcha: Davening, having meals in the shul, and meeting the community.

Eli: What do you do during the week?

Simcha: I work in a pharmacy, where I deliver medicines to people who need it.

Eli: What is your favorite game we play on Shabbatons?

Simcha: Connect four during Menucha.

Eli: What is your favorite Shabbos food?

Simcha: Chullent

Eli: What do your hobbies include?

Simcha: I like going to the zoo to visit my relatives.

Eli: What? Who are your relatives?

Simcha: The monkeys and the elephants.

Eli: Ummm, okay. What are you looking forward to in the future?

Simcha: When Mashiach comes, and we won't have fast days anymore.

Eli: So, before we're done, any shoutouts you want to give?

Simcha: Everyone from Rayim who was on Getaway. Like you, Esti, Zak, Chana Eshter, Matt Zeigler, Heim Gleiberman, Vigg, Hilly Horowitz, Karyn Diamond, Shira Kasten and Baruch Lunze



With Nechama Drebin

Eli: How long have you been with Yachad for?

Nechama: I was 15 when I started. I started in Juniors, and worked my way up until I got to Rayim.

Eli: What is your favorite part of Yachad?

Nechama: Everything! Especially the Shabbatons!

Eli: What do you do during the week?

Nechama: I go to Dayhab, where I hang with friends and go to workshops. I work in Yachad Gifts where I make gift baskets, and on Fridays, I work in a daycare.

Eli: What is your favorite game we play on Shabbatons?

Nechama: The game where we sit in a circle, and say something about ourselves, and everyone has to find a new chair.

Eli: Oh, fruitbowl.

Nechama: Why is it called that? There's no fruit in the game.

Eli: Uhh... I don't know. I actually never thought of that (rethinks entire life). Anyway... what is your favorite Shabbos food?

Nechama: Everything!

Eli: Wow, that's your second time saying you like everything! What do your hobbies include?

Nechama: I go on my tablet and watch things, and I like to do my puzzle book that has wordsearches in it.

Eli: What's your favorite Disney movie?

Nechama: Aladdin

Eli: Give us one fun fact about yourself.

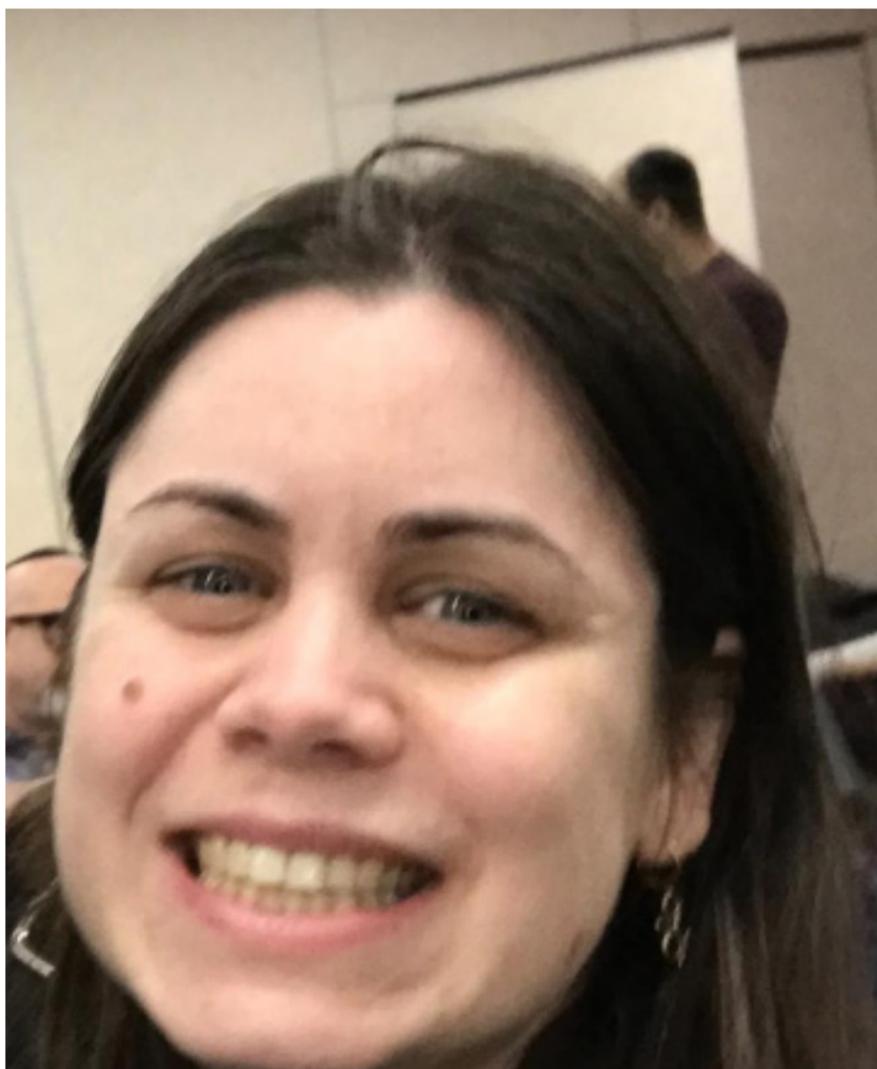
Nechama: I like doing everything!

Eli: Wow, that's the third time you said you like everything. It must be nice to be so easy going.

Nechama: Yeah

Eli: So, before we're done, any shoutouts you want to give?

Nechama: I want to give a shoutout to everyone in Yachad! I miss you all!



Recipe of the Week

By Chana Ahuva Rabinowitz

Quinoa with veggies

What you'll need:

- pot
- frying pan
- quinoa
- broccoli
- mushrooms
- garlic
- onion
- oil
- salt
- paprika

Instructions:

1 And ½ cup of quinoa

Add 3 cups of water and boil together

Once water and quinoa is boiling lower heat

Add salt and a bit of paprika and a little bit of oil

mix occasionally for about 10 minutes or until water is gone

cut onion and sauté in a frying pan

once onions are clear cut garlic and add in to the frying pan

once the garlic is a little bit of a brown color cut and add the mushrooms and broccoli (broccoli can be whole or cut to preference)

once all the veggies are sautéed add the sauté to the quinoa and mix

add a bit more salt to preference and enjoy!

serves about 5 people

Quick Crafts

By CJ Wiesenfeld

DIY Sliiiiime

What you need:

- Borax powder (1/2 teaspoon)
- white craft glue (1/4 cup)
- water (1/2 cup)
- 2 bowls
- 2 spoons
- food coloring

Instructions:

Step One: In one bowl, combine 1/2 teaspoon of Borax with 1/4 cup of water. Mix well and set aside to dissolve. In the other bowl, combine 1/4 cup of glue with 1/4 cup of water. Stir until well combined.



Step Two: Next add food coloring to your water and glue mixture and mix it well.

Step Three: Slowly add the water and Borax mixture to the glue mixture stirring constantly. It will begin to thicken. Add the water and Borax mixture to the glue and water mixture until you are satisfied with the slime consistency.

All done and enjoy!!

Puzzle Time

By Racheli Brakha

The crossword puzzle consists of the following grid structure:

- 1: Down, 10 squares
- 2: Across, 5 squares
- 3: Across, 5 squares
- 4: Across, 5 squares
- 5: Down, 5 squares
- 6: Down, 5 squares
- 7: Across, 5 squares
- 8: Down, 5 squares
- 9: Across, 5 squares
- 10: Across, 5 squares
- 11: Down, 5 squares
- 12: Down, 5 squares
- 13: Across, 4 squares
- 14: Across, 5 squares
- 15: Down, 3 squares
- 16: Down, 5 squares
- 17: Across, 3 squares
- 18: Across, 5 squares
- 19: Across, 5 squares

Numbered food items for identification:

- 1: Glass of juice with a straw
- 2: Ice cream cone
- 3: Tube of Digestives biscuits
- 4: Basket of french fries
- 5: Plate of spaghetti with a fork
- 6: Bell peppers
- 7: Oranges
- 8: Sandwich
- 9: Pizza
- 10: Mushrooms
- 11: Milk carton
- 12: Pears
- 13: Pancakes
- 14: Cup of coffee
- 15: Bananas
- 16: Bowl of cereal
- 17: Slice of cake
- 18: Hamburger
- 19: Branch with leaves and fruit

Puzzle Time

By Racheli Brakha

Types of Vegetables

R	Z	A	D	P	I	N	S	R	A	P	S	E	N
E	A	U	D	C	A	R	R	O	T	A	P	P	B
W	S	S	C	A	L	G	T	C	A	E	I	U	O
O	A	S	T	C	E	G	A	E	I	R	N	M	P
L	R	C	H	A	H	P	A	B	E	P	R	P	P
F	A	A	E	N	I	I	S	L	A	B	U	K	O
I	L	R	D	P	T	A	N	C	C	T	T	I	T
L	U	O	P	I	C	A	Y	I	A	R	U	N	A
U	G	D	E	L	S	T	R	I	B	P	T	R	T
A	U	U	A	W	O	H	E	K	B	C	E	I	O
C	R	C	U	C	P	T	L	E	A	N	C	P	N
C	A	S	S	A	V	A	E	E	G	B	E	S	C
B	R	E	G	N	I	G	C	L	E	L	O	P	E
H	C	A	N	I	P	S	S	A	E	D	E	W	S

CABBAGE
ZUCCHINI
RUTABAGA
RADISH
TURNIP
SWEDE
SPINACH
POTATO
CASSAVA
BEET
LEEK
CAULIFLOWER
PARSNIP
GINGER
CELERY
PEA
CARROT
PUMPKIN
ARUGULA

Jokes By Zak

By Zak Shayne

Did you hear about the actor who fell through the floorboards?
He was going through a stage

Where are average things manufactured? The satisfactory

What does a nosy pepper do?
Get jalapeno business

Ask Esti

By Esti Sompolinsky

How do I stop snacking all the time when I'm bored? What's an alternative to snacking?

-Awkward Avi

Dear Awkward Avi,

I wish I had an answer to this question. *Insert crunch sound* I am literally snacking right now as I write this. If you ever find a solution please let me know! And if any of the readers have a solution please tell the world your secrets!!!

If you are looking for advice about something or would like to ask me a question that would be featured in next week's newsletter, email me at sompolinskye@ou.org

Looking forward to hearing from you!

Esti

Featuring:
Comedy Club | Cooking Club
Motivational Moments Club
DIY Art and Stem Club

CONTACT
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FOR MORE INFO

Remembering Feivy Zafran



"Feivy was one of the most kindhearted people I have had the privilege of knowing. Whenever he saw a younger member or camper who was having a rough time he would help calm them down. He was always looking out for the good of others and just trying to keep the peace. He was a shining example of what it means to be a Jew and we miss him dearly."

-Yechiel Kirschner



"Feivy was a true friend. He was always there to make sure everyone was safe and happy, and always happy to share his stories and laughs. This is a true loss for us all"

-Eli Ginsberg