

Coordinator Interview!

By David Zakaim

With Elisha Fogel

David: What is your favorite plague?

Elisha: Umm, hail.

David: Why?

Elisha: Its fire contained in ice, it's crazy, that's pretty savage. Super cool.

David: How long have you been doing Rayim Yachad for?

Elisha: Five years. One year as a coordinator.

David: What would you say has been one of your favorite moments in Rayim?

Elisha: That's a crazy question. There's too many to choose from.

David: In the story of Yetziat Mitzrayim, Moshe splits the sea so Bnei Yisroel can leave. Have you split any seas in your lifetime?

Elisha: Excuse me?

David: Yes or no answer:

Elisha: Yes.

David: What do you do when you are not on shabbatons?

Elisha: I do research and I help kids at YU.

David: What is your favorite part of the shabbatons?

Elisha: The meals.

David: Have you made any long-lasting friendships while you have been in Yachad?

Elisha: Yeah a lot. People still call me. I talk and text with members all the time.

David: They say you can take the coordinator out of the advisor, but not the advisor of the coordinator. Do you agree with this statement?

Elisha: Yes, I am speaking from experience.

David: Will you be involved in Yachad again next year?

Elisha: Possibly, I have to see what my plans are.

David: Is there anything else you would like to share?

Elisha: Not really.

Thank you, Elisha, for your time, and I hope to see you soon!

D'var Torah for Shemini

By Sophie Zayden

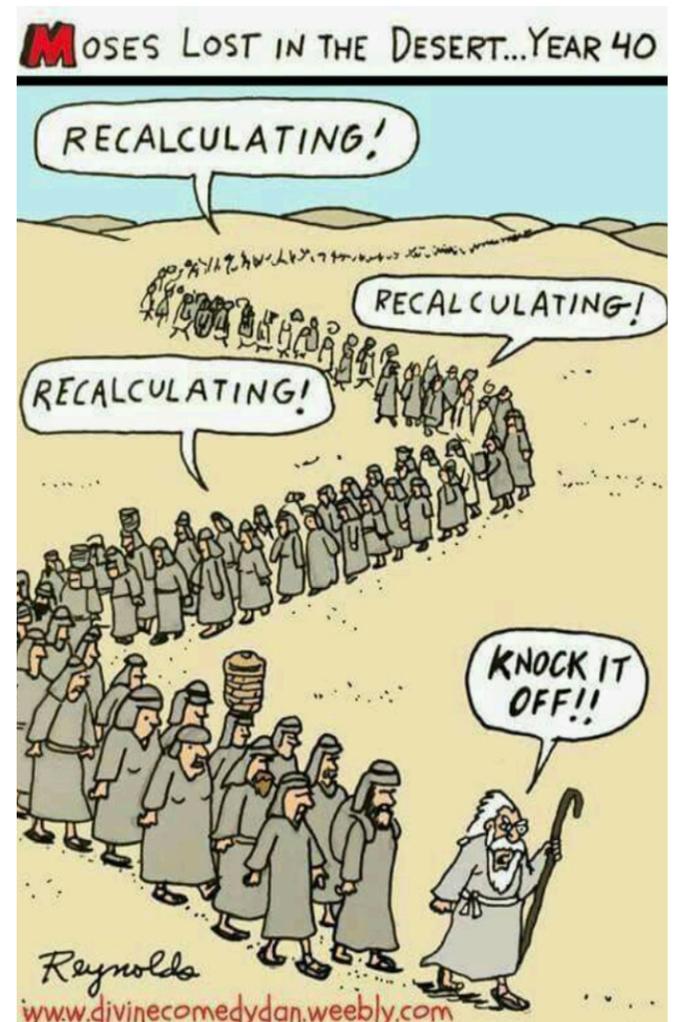
Hi everyone!

Sometimes a person's silence can be more powerful than a thousand words. We see in this week's Torah portion, that Aaron, Moses' brother, was faced with a very difficult situation where he could have been tempted to speak angry words against God and man. Yet, as the Torah teaches, "Aaron remained silent." He was able to control his tongue, and accept his situation in dignified silence. We too, can tap into the power of silence, refrain from angrily speaking out when insulted or hurt, and reap the rewards that such self-control can bring.



Moses' first and last day as a lifeguard.

There are times in everybody's lives when things happen either to us or around us that just goes beyond our power to understand. The events, which may be quite difficult, force us to confront our faith and our relationship with God. We know and believe that God is good, yet what stands in front of us may seem like anything but good. It is at times like these, which we must tap into the power of silence. This silence is a way of saying to God, "I don't understand You, but I do trust You. And I trust that one day I will come to ultimately see Your goodness even here. But for now I will simply remain silent, as this goes beyond my understanding." This is a very powerful exercise, and a high spiritual level.



Member Interviews!

By Eli Ginsberg and Sophie Zayden

With David O

Sophie: How long have you been involved in Yachad for?

David: 4 years, maybe 5 years?

Sophie: What do you do during the week?

David: I do Meals on Wheels, its pretty good, ya

Sophie: What is your favorite part of Yachad?

David: Hanging with everyone, like you

Sophie: Favorite Shabbos food?

David: I like...hmmm.. cholent and gefilte fish!

Sophie: Are you sad when we don't have those foods?

David: Yah

Sophie: What's your favorite game on shabbatons?

David: Oh my favorite? Getting to know you games, I like to get to know people

Sophie: What are your hobbies?

David: I like to write letters and go to my friends events like your engagement party

Sophie: What's your best shabbaton memory?

David: I like Great Neck that was good! It was a nice town. It was really safe.

Sophie: What is a fun fact about you?

David: I like to facetime people

Sophie: Any shout outs?

David: Sure. Who can I shout out?

Sophie: Anybody!

David: Can I shout out to you?

Sophie: Sure! Before we're done, any advice to our friends?

David: BE SAFE AND STAY HEALTHY!



With Marni Pfeffer

Eli: How long have you been with Yachad for?

Marni: I don't know.

Eli: It's been a long time?

Marni: Very long. So many years. I don't remember when I started

Eli: What is your favorite part of Yachad?

Marni: Socializing and meeting new people.

Eli: What do you do during the week?

Marni: I go to Chayeinu Dayhab.

Eli: What do you do there?

Marni: We learn different job skills.

Eli: What is your favorite game we play on Shabbatons?

Marni: Pizza man

Eli: Like from circle time?

Marni: Yeah. I like when we did circle time on the NAIM shabbaton.

Eli: What is your favorite Shabbos food?

Marni: Chollent.

Eli: What do your hobbies include?

Marni: Reading and socializing.

Eli: What's your favorite book?

Marni: Harry Potter

Eli: Who's your favorite character:

Marni: Hermione.

Eli: Give us one fun fact about yourself.

Marni: I like to sing.

Eli: Thanks for your time, Marni!



Recipe of the Week

By Chana Ahuva Rabinowitz

Coffee Cake muffins

What you'll need:

- 2 eggs
- 1 cup sugar
- ½ cup oil
- ½ cup orange juice
- 2 cups of almond flour
- 1 cup potato starch
- 2 tsp vanilla sugar
- 2 tsp lemon juice

Mix the eggs and sugar together then add everything else

- ½ cup sugar plus 2 tablespoons of cinnamon in a separate bowl

Topping:

- ¼ cup almond flour
- ¼ cup sugar
- ¼ cup potato starch
- ½ tsp cinnamon
- 1 tablespoon oil

Pour batter into each muffin tin half way. Then sprinkle cinnamon mixture on top. Fill the muffin tin the rest of the way then add the topping. Bake for 15-18 min on 350. Enjoy!!

Quick Crafts

By CJ Wiesenfeld

DIY -Marshmallow Catapult!

What you need:

- 7 skewers
- 1 rubber band
- 4 marshmallows
- A plastic spoon
- And some ammo (like more marshmallows!)

Instructions:

Step 1: Attach three marshmallows using the skewers, making a triangle.

Step 2: Add three more skewers diagonally, one to each marshmallow, to create a pyramid.

Step 3: Add a marshmallow on top

Step 4: Attach the spoon to a skewer using some sticky tape

Step 5: Put the rubber band over the top of the pyramid

Step 6: Stick the skewer (with the spoon) inside the rubber band, and poke it straight into the marshmallow at the base

All Done!



Puzzle Time

By Racheli Brakha

SEASONS AND WEATHER

FIND THE WORDS AND THE MYSTERY MESSAGE

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Puzzle Time

By Racheli Brakha

Choose sidebar display



WEATHER



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SUNSHINE

SNOW

WIND

CLOUDS

MIST

LIGHTNING

DRIZZLE

HAIL

FROST

FOG

THUNDER

STORM

Jokes By Zak

By Zak Shayne

Knock knock

Who's there?

Eli ya

Eli ya who?

Eliyahu hanavi, he had to knock because you forgot to open the door for him

What kind of cheese do you eat on pesach?

Matzo-rella

Why do we use a hagadah on pesach?

So we can Seder right words

Ask Esti

By Esti Sompolinsky

What have you been doing in terms of self care over these past few weeks?

-Chana Ahuva Rabinowitz

I love this question. Self care is such an important part of my life and should be a big part of yours as well. Everyone's self care routine will look different. What you want to do is find what brings you to your happy place. What I do is put on a face mask (the kind that's good for your skin not the ones that keep you safe from germs). I make my own face mask because I have sensitive skin. Anyone who wants the recipe let me know :)

While waiting for the face mask to dry I close my eyes and listen to my favorite music. I get in my zone and don't have a care in the world.

If you are looking for advice about something or would like to ask me a question that would be featured in next week's newsletter, email me at sompolinskye@ou.org

Looking forward to hearing from you!

Esti

Featuring:
Comedy Club | Cooking Club
Motivational Moments Club
DIY Art and Stem Club

CONTACT
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FOR MORE INFO

Fun Pix!

By Gittie Freeman

